

Dr. Manisha Dadhore (Ph.d –Yogic Science)

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~ Areas of Expertise ~

Yoga Teacher & Practice ♦ Yoga Specialist ♦ Yoga Awareness
♦ Yoga Promoter

Acomplished and intergrity driven professional: Associated with Kendriya Vidhyala Betul MP 2014-15 and Kendriya Vidhyala Danish Nagar Bhopal 2016 as Yoga Teacher. Capable of creating and developed awareness.

A keen planner, implemter & perfrom with demonstrated abilities. Strageties for accelerating yoga growth.

An effective communicator & team player combined with detail oriented attitude with ability to intract effectively.

Yoga Camps & Driven Seminars

- ⇒ Yadvebdra Puralal Niketan Yoga Camp Patiala.
- ⇒ Mech Infranty Regiment Yoga Camp Patiala.
- ⇒ 38 Assault Engineer Regiment Yoga Camp Patiala.
- ⇒ Centrail Jain Yoga Camp Patiala.
- ⇒ Lt Co MS Tanvar & Maj CV Raghavan Second in Commond Yoga Camp Patiala.
- ⇒ Mokshayatan International Yogashram Sarahanpur Yoga Camp.
- ⇒ Jain Public Senior Secondary School Yoga Camp.
- ⇒ Atam Public Senior Secondary Schood Yoga Camp Ludhiana.
- ⇒ Punjab Police Academy Yoga Awareness Camp.

Yoga Certificates & Awards

- ⇒ Yoga Vidhya Pranic Pshychotherepy - Certificate of Paricipation.
- ⇒ Yoga & Health Camp in DSVV College Haridwar – Award Winner.
- ⇒ Indiginous Techniques in pshychotherepy – Certificate of Merit.
- ⇒ Won Best Paper Prasantaion for Akhand Jyoti Patrika.
- ⇒ Morarji Desai International Institute of Yoga Delhi – Letter of appreciation from National Yoga Week.
- ⇒ Certificate in NSS Camp of DSVV College of Haridwar.
- ⇒ Ancient Trends & Recent Advantage Yatra by Center for Yogic Science - Letter of appreciation.
- ⇒ Yoga for Nation Building by ICSSR Ministry of HRD Government of India- Certificate of Paricipation.
- ⇒ Pshycho spiritual approach to Yoga- 6th International Conference Indian Association of Yoga Delhi – Certificate of Honour.

Career Contour

Yoga Teacher

KV Betul MP

2014-2015

- Create learning environment.
- Run yoga awareness camp weekly.
- Organizing camp for student strategycallly.
- Importance of decipline and implemenatation.

Yoga Teacher

KV Danish Nagar Bhopal

2016- 2017

- Create learning environment.
- Run yoga awareness camp weekly.
- Organizing camp for student strategycallly.
- Importance of decipline and implemenatation.

Yoga Teacher

Yog Department BU Bhopal

Oct-2023 till date

- Teaching yoga at Yog Department Barkatullah University Bhopal Since Oct-2023
- Organize Yoga Events at collage

Achievements

- Four Research Paper Published in Jouranals.
- Poster Presentation Award.

Academic Information

High School	LBHS Mandhvi Betul	MP Board	2004
Higher Secondary	LBHS Mandhvi Betul	MP Board (Agriculture)	2006
B.sc	DSVV College Haridwar	Yogic Science & Holistic Health	2009
M.Sc	DSVV College Haridwar	Yogic Science & Holistic Health	2011
Ph.d	Barkatulla University Bhopal	Yogic Science	2022
Ph.d	Barkatulla University Bhopal	Research- Orphan Child Life	2022

Personal Vitae

- Date of Birth - 19th July 1989
- Marital Status - Married
- Address – 692, Saket Nagar Bhopal 462021.
- Linguistic Acquisition – English and Hindi.